

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Elementary School Chicken tenders - ServingDate: 10/01/2024								
Ham Sandwich - LR100147 (1 sandwich)	20	166.80	3.16	0.10	0.00(M)	427.60	26.19	8.92
WYASD Chicken Tenders - LR100267 (1 serv.)	255	259.99	15.00	2.50	0.00	389.98	16.00	15.00
Baked Beans WYASD - LR100107 (1 c.)	150	332.31	0.96	0.17	0.00(M)	710.27	75.89	10.72
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	275	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	285	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiments, Barbecue Sauce Packet, 12 Grams, Kraft Heinz, 10013000533802 - SR108023 (1 packet)	85	15.00	0.00	0.00	0.00	160.00	3.00	0.00
2024-25 Elementary Cheeseburger - ServingDate: 10/02/2024								
Cheese burger WYASD-Elementary - LR100144 (1 serv.)	240	378.79	18.89	7.47	0.99	644.86	32.41	21.91
Ham Sandwich - LR100147 (1 sandwich)	35	166.80	3.16	0.10	0.00(M)	427.60	26.19	8.92
Green Beans, VO - LR100018 (1 c.)	45	65.45	1.31	0.71	0.00(M)	69.47	12.93	3.01
Applesauce - LR100181 (4 1/2 oz.)	270	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	270	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	150	6.06	0.01	0.00	0.00	94.75	1.64	0.21

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2024-25 Popcorn chicken - ServingDate: 10/03/2024								
Chicken Popcorn with Dinner roll - LR100067 (1 item)	300	300.00	14.00	2.50	0.00	500.00	28.00	17.00
Ham Sandwich - LR100147 (1 sandwich)	50	166.80	3.16	0.10	0.00(M)	427.60	26.19	8.92
Vegetable, Seasoned Corn, Veg-S - SR100218 (3/4 c.)	275	147.60	6.17	2.55	0.00	52.53	23.74	3.14
Vegetables, Mashed Potatoes, Veg-S - SR101979 (1/2 Cup (8 oz)	275	69.42	0.08	0.02	0.00	165.12	15.48	2.09
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	325	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	130	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 Pizza Bites - ServingDate: 10/04/2024								
Ham Sandwich - LR100147 (1 sandwich)	25	166.80	3.16	0.10	0.00(M)	427.60	26.19	8.92
Pizza, Cheese Crunchers Whole Grain, Rich's Foodservice, 65225, WGR, MMA - SR100373 (4 piece whol)	220	420.00	20.00	8.00	0.50	770.00	41.00	20.00
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	100	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Cooked Broccoli - SR105146 (1 c.)	150	51.52	0.22	0.03	0.00	20.24	9.84	5.70
Pineapple, Juice Packed, Canned, USDA National Nutrient Database, F - SR107930 (1/2 c.)	245	74.50	0.10	0.00	0.00	1.25	19.55	0.53

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Pizza Bites - ServingDate: 10/04/2024								
Swiss Dairy Milk - LR100273 (8 oz.)	245	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	10	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 elementary Chicken Patty - ServingDate: 10/07/2024								
chicken patty sandwich - LR100028 (1 ea.)	275	330.00	11.00	2.00	0.00	600.00	39.00	20.00
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	25	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Baked Beans WYASD - LR100107 (1 c.)	300	332.31	0.96	0.17	0.00(M)	710.27	75.89	10.72
Peaches, Diced, Extra Light Syrup, Canned - SR109630 (1/2 c.)	280	59.99	0.00	0.00	0.00	4.99	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	280	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiments, Barbecue Sauce Packet, 12 Grams, Kraft Heinz, 10013000533802 - SR108023 (1 packet)	75	15.00	0.00	0.00	0.00	160.00	3.00	0.00
2024-25 Elementary Pancake breakfast - ServingDate: 10/08/2024								
Jenni O precooked sausage links - LR100170 (2.05 oz.)	250	117.07	7.80	1.95	0.00	195.12	0.00	11.71
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	20	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Mini Pancakes, Eggo Bites Mini Pancakes Maple, 1 Pouch, Kellogg's, 38000-92562, WGR - SR106101 (1 Pouch)	200	210.00	6.00	1.00	0.00	320.00	35.00	4.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Elementary Pancake breakfast - ServingDate: 10/08/2024								
Cooked Carrots - SR105161 (1 c.)	100	54.01	0.99	0.18	0.00	85.99	11.29	0.85
Potato, Hash Brown Triangle Patties, Ore-Ida, McCain Foods, OIF00049A, Veg-S - SR102739 (2 pcs.)	150	230.00	10.00	1.50	0.00	630.00	31.00	3.00
Applesauce - LR100181 (4 1/2 oz.)	300	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	300	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiment, Syrup, Madeira Farms Pancake Syrup, SS Cup, Kraft Heinz, 00716037139605 - SR109757 (1 1/2 ounces)	100	120.00	0.00	0.00	0.00	30.00	30.00	0.00
2024-25 Elementary Chicken nugget lunch - ServingDate: 10/09/2024								
Chicken Nuggets, WG Breaded, 3.04 oz., Gold Kist, Pilgrim's Pride, 612100, MMA, WGR - SR100488 (3.05 oz.)	255	200.66	10.03	2.01	0.00	411.35	12.04	15.05
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	20	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Seasoned Pasta, WG - LR100017 (1/2 c.)	150	253.94	6.13	2.87	0.00(M)	349.84	41.67	7.17
Peas, Frozen Veg-S WYASD - LR100040 (1 cup servin)	75	271.54	6.38	1.14	0.41	560.21	40.61	14.64
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	275	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	275	130.00	2.50	1.50	0.00	175.00	18.50	7.50

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2024-25 Elementary Chicken nugget lunch - ServingDate: 10/09/2024								
BBQ sauce, Condiment - SR105407 (2 Tbsp.)	200	32.95	0.08	0.00	0.00(M)	286.62	8.46	0.09
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	200	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 Grilled cheese - ServingDate: 10/10/2024								
Sandwich, Toasted Cheese, MMA, WG - LR100004 (1 sandwich)	245	158.81 (M)	10.06 (M)	5.20(M)	0.00(M)	430.56 (M)	8.87(M)	10.13 (M)
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	20	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 Pouch)	250	100.00	3.50	0.50	0.00	170.00	14.00	2.00
Green Beans, VO - LR100018 (1 c.)	55	65.45	1.31	0.71	0.00(M)	69.47	12.93	3.01
Applesauce - LR100181 (4 1/2 oz.)	265	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	265	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	20	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 Hot Ham and Cheese on a WG Bagel - ServingDate: 10/15/2024								
Ham and Cheese on Bagel - LR100289 (1 sandwich)	245	270.69	9.13	4.61	0.01(M)	660.02	30.61	16.23
Sandwich Turkey and Cheese on Roll 1 WGR WYASD - LR100092 (1 ea.)	25	312.12	13.64	6.08	0.00	716.12	29.04	21.20

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2024-25 Hot Ham and Cheese on a WG Bagel - ServingDate: 10/15/2024								
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	250	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	270	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	275	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 -25 Chicken Drummie - ServingDate: 10/16/2024								
Boneless chicken drummie - LR100290 (4 pcs.)	250	210.00	12.00	2.50	0.00	340.00	12.00	13.00
Sandwich Turkey and Cheese on Roll 1 WGR WYASD - LR100092 (1 ea.)	25	312.12	13.64	6.08	0.00	716.12	29.04	21.20
Baked Beans WYASD - LR100107 (1/2 c.)	150	166.16	0.48	0.08	0.00(M)	355.13	37.94	5.36
Potatoes, Emoticon Mashed Potato Shapes, McCain, 1000006639, Veg-S - SR109332 (2.4 ounces)	275	120.00	4.00	0.50	0.00	80.00	18.00	2.00
Peaches, Diced, Extra Light Syrup, Canned - SR109630 (1/2 c.)	275	59.99	0.00	0.00	0.00	4.99	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	275	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	150	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiments, Original BBQ Sauce, Kraft Heinz, 66477 - SR110623 (1 Pouch)	100	169.00	0.14	0.01	0.00	1057.00	40.63	0.53

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2024-25 Elementary Nachos w/cheese - ServingDate: 10/17/2024								
Beef Taco Meat WYASD - LR100089 (2 3/4 oz.)	255	199.74	11.93	4.48	0.82(M)	409.42	2.01	19.53
Sandwich Turkey and Cheese on Roll 1 WGR WYASD - LR100092 (1 ea.)	20	312.12	13.64	6.08	0.00	716.12	29.04	21.20
Chips, Tortilla Chips, Baked, Scoops, .875 oz Bag, Tostitos, PepsiCo/Frito Lay, 42537, WGR - SR100981 (1 SS Bag (0.))	255	110.00	2.50	0.00	0.00	125.00	19.00	2.00
Mini Corn bread loaf - LR100302 (57 g.)	150	180.00	6.00	0.05	0.00	90.00	29.00	3.00
Black Beans and Corn Mix - LR100038 (1 c.)	100	192.85	4.33	1.75	0.00(M)	278.19	33.22	8.04
Salsa, 103 oz., Red Gold, REDSC99, Veg-RO - SR100611 (1/4 c.)	200	20.00	0.00	0.00	0.00	140.00	4.00	0.00
Applesauce WYASD - LR100032 (1/2 c.)	275	50.00	0.00	0.00	0.00	10.00	13.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	275	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	15	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Sauce, Cheese Sauce, Trio WYASD - LR100043 (1/8 c.)	250	23.63	0.71	0.00	0.00	170.81	4.25	0.47
Sour Cream, Regular, Single Serve Packets, Daisy Brand, IDP100 - SR108475 (1 packet)	110	56.00	4.67	3.27	0.00	14.00	0.93	0.93
2024-25 Stuffed crust pizza - ServingDate: 10/18/2024								
Pizza Stuffed Crust Whole Grain The Max - LR100044 (1 piece)	230	310.00	11.00	6.00	0.00	760.00	32.00	19.00
Sandwich Turkey and Cheese on Roll 1 WGR WYASD - LR100092 (1 ea.)	20	312.12	13.64	6.08	0.00	716.12	29.04	21.20

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2024-25 Stuffed crust pizza - ServingDate: 10/18/2024								
Broccoli, Spears, No Salt Added, Frozen, USDA 110473, Veg-DG - SR101278 (1 c.)	150	52.00	0.00	0.00	0.00	44.00	10.00	6.00
Applesauce - LR100181 (4 1/2 oz.)	250	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	255	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	20	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 Elementary Mozzarella Sticks w/sauce - ServingDate: 10/21/2024								
Ham Sandwich - LR100147 (1 sandwich)	10	166.80	3.16	0.10	0.00(M)	427.60	26.19	8.92
Mozzarella cheese sticks - LR100145 (2 pc)	260	307.22	11.25	5.00	0.00	653.31	30.95	18.49
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	68	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Sauce, Fully Prepared Pizza Sauce, 106 oz., Red Gold, IL99 - SR108025 (1/4 c.)	100	35.00	0.50	0.00	0.00	210.00	6.00	1.00
Pears, Bartlett, canned, diced, packed in extra light sucrose syrup [110237] - SR105228 (1/2 c.)	250	57.99	0.12	0.00	0.00	2.00	15.12	0.38
Swiss Dairy Milk - LR100273 (8 oz.)	268	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	10	6.06	0.01	0.00	0.00	94.75	1.64	0.21

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2024-25 Elementary School Chicken tenders - ServingDate: 10/22/2024								
Ham Sandwich - LR100147 (1 sandwich)	20	166.80	3.16	0.10	0.00(M)	427.60	26.19	8.92
WYASD Chicken Tenders - LR100267 (1 serv.)	255	259.99	15.00	2.50	0.00	389.98	16.00	15.00
Baked Beans WYASD - LR100107 (1 c.)	150	332.31	0.96	0.17	0.00(M)	710.27	75.89	10.72
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	275	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	285	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiments, Barbecue Sauce Packet, 12 Grams, Kraft Heinz, 10013000533802 - SR108023 (1 packet)	85	15.00	0.00	0.00	0.00	160.00	3.00	0.00
2024-25 Elementary Cheeseburger - ServingDate: 10/23/2024								
Cheese burger WYASD-Elementary - LR100144 (1 serv.)	240	378.79	18.89	7.47	0.99	644.86	32.41	21.91
Ham Sandwich - LR100147 (1 sandwich)	35	166.80	3.16	0.10	0.00(M)	427.60	26.19	8.92
Green Beans, VO - LR100018 (1 c.)	45	65.45	1.31	0.71	0.00(M)	69.47	12.93	3.01
Applesauce - LR100181 (4 1/2 oz.)	270	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	270	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	150	6.06	0.01	0.00	0.00	94.75	1.64	0.21

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2024-25 Popcorn chicken - ServingDate: 10/24/2024								
Chicken Popcorn with Dinner roll - LR100067 (1 item)	300	300.00	14.00	2.50	0.00	500.00	28.00	17.00
Ham Sandwich - LR100147 (1 sandwich)	50	166.80	3.16	0.10	0.00(M)	427.60	26.19	8.92
Vegetable, Seasoned Corn, Veg-S - SR100218 (3/4 c.)	275	147.60	6.17	2.55	0.00	52.53	23.74	3.14
Vegetables, Mashed Potatoes, Veg-S - SR101979 (1/2 Cup (8 oz)	275	69.42	0.08	0.02	0.00	165.12	15.48	2.09
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	325	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	130	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 Pizza Bites - ServingDate: 10/25/2024								
Ham Sandwich - LR100147 (1 sandwich)	25	166.80	3.16	0.10	0.00(M)	427.60	26.19	8.92
Pizza, Cheese Crunchers Whole Grain, Rich's Foodservice, 65225, WGR, MMA - SR100373 (4 piece whol)	220	420.00	20.00	8.00	0.50	770.00	41.00	20.00
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	100	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Cooked Broccoli - SR105146 (1 c.)	150	51.52	0.22	0.03	0.00	20.24	9.84	5.70
Pineapple, Juice Packed, Canned, USDA National Nutrient Database, F - SR107930 (1/2 c.)	245	74.50	0.10	0.00	0.00	1.25	19.55	0.53

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2024-25 Pizza Bites - ServingDate: 10/25/2024								
Swiss Dairy Milk - LR100273 (8 oz.)	245	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	10	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 elementary Chicken Patty - ServingDate: 10/28/2024								
chicken patty sandwich - LR100028 (1 ea.)	275	330.00	11.00	2.00	0.00	600.00	39.00	20.00
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	25	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Baked Beans WYASD - LR100107 (1 c.)	300	332.31	0.96	0.17	0.00(M)	710.27	75.89	10.72
Peaches, Diced, Extra Light Syrup, Canned - SR109630 (1/2 c.)	280	59.99	0.00	0.00	0.00	4.99	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	280	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiments, Barbecue Sauce Packet, 12 Grams, Kraft Heinz, 10013000533802 - SR108023 (1 packet)	75	15.00	0.00	0.00	0.00	160.00	3.00	0.00
2024-25 Elementary Pancake breakfast - ServingDate: 10/29/2024								
Jenni O precooked sausage links - LR100170 (2.05 oz.)	250	117.07	7.80	1.95	0.00	195.12	0.00	11.71
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	20	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Mini Pancakes, Eggo Bites Mini Pancakes Maple, 1 Pouch, Kellogg's, 38000-92562, WGR - SR106101 (1 Pouch)	200	210.00	6.00	1.00	0.00	320.00	35.00	4.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
 Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Elementary Pancake breakfast - ServingDate: 10/29/2024								
Cooked Carrots - SR105161 (1 c.)	100	54.01	0.99	0.18	0.00	85.99	11.29	0.85
Potato, Hash Brown Triangle Patties, Ore-Ida, McCain Foods, OIF00049A, Veg-S - SR102739 (2 pcs.)	150	230.00	10.00	1.50	0.00	630.00	31.00	3.00
Applesauce - LR100181 (4 1/2 oz.)	300	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	300	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiment, Syrup, Madeira Farms Pancake Syrup, SS Cup, Kraft Heinz, 00716037139605 - SR109757 (1 1/2 ounces)	100	120.00	0.00	0.00	0.00	30.00	30.00	0.00
2024-25 Elementary Chicken nugget lunch - ServingDate: 10/30/2024								
Chicken Nuggets, WG Breaded, 3.04 oz., Gold Kist, Pilgrim's Pride, 612100, MMA, WGR - SR100488 (3.05 oz.)	255	200.66	10.03	2.01	0.00	411.35	12.04	15.05
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	20	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Seasoned Pasta, WG - LR100017 (1/2 c.)	150	253.94	6.13	2.87	0.00(M)	349.84	41.67	7.17
Peas, Frozen Veg-S WYASD - LR100040 (1 cup servin)	75	271.54	6.38	1.14	0.41	560.21	40.61	14.64
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	275	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	275	130.00	2.50	1.50	0.00	175.00	18.50	7.50

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
 Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Elementary Chicken nugget lunch - ServingDate: 10/30/2024								
BBQ sauce, Condiment - SR105407 (2 Tbsp.)	200	32.95	0.08	0.00	0.00(M)	286.62	8.46	0.09
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	200	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024-25 Grilled cheese - ServingDate: 10/31/2024								
Sandwich, Toasted Cheese, MMA, WG - LR100004 (1 sandwich)	245	158.81 (M)	10.06 (M)	5.20(M)	0.00(M)	430.56 (M)	8.87(M)	10.13 (M)
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	20	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 Pouch)	250	100.00	3.50	0.50	0.00	170.00	14.00	2.00
Green Beans, VO - LR100018 (1 c.)	55	65.45	1.31	0.71	0.00(M)	69.47	12.93	3.01
Applesauce - LR100181 (4 1/2 oz.)	265	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	265	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	20	6.06	0.01	0.00	0.00	94.75	1.64	0.21

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Elementary
 Menu Line: regular
 Serving Group: K-5
 Nutrients Option: Expanded