

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
 Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Breakfast French toast sticks - ServingDate: 10/01/2024								
Bake crafters French toast sticks - LR100271 (3 oz.)	150	210.00	9.00	2.00	0.00	290.00	26.00	8.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	42	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cereal, Trix, 25% Less Sugar Bowlpak, General Mills, 16000-31922, WGR - SR100524 (1 bowl)	0	110.00	1.50	0.00	0.00	150.00	24.00	1.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	0	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	28	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Lucky Charms Cereal - LR100296 (1 bowl)	30	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	195	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pineapple, Juice Packed, Canned, USDA National Nutrient Database, F - SR107930 (1/2 c.)	55	74.50	0.10	0.00	0.00	1.25	19.55	0.53
Swiss Dairy Milk - LR100273 (8 oz.)	195	130.00	2.50	1.50	0.00	175.00	18.50	7.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Elementary Mini Pancakes - ServingDate: 10/02/2024								
Cereal, Apple Jacks Reduced Sugar, Bowl Pack, Kellogg's, 38000-78787, WGR - SR106215 (1 bowl)	5	100.00	0.50	0.00	0.00	160.00	24.00	2.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	5	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cereal, Lucky Charms, Bowl Pack, 1 oz, General Mills, 31917000, WGR - SR100887 (1 bowl)	20	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	20	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	10	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	0	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Goldfish grahams - LR100303 (1 ea.)	10	120.00	4.00	1.00	0.00	140.00	19.00	1.00
Lucky Charms Cereal - LR100296 (1 bowl)	50	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Mini Pancakes, Eggo Bites Mini Pancakes Maple, 1 Pouch, Kellogg's, 38000-92562, WGR - SR106101 (1 Pouch)	150	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	202	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, Sliced, Extra Light Syrup, Canned, USDA Foods, 100219, F - SR109119 (1/2 c.)	50	60.00	0.00	0.00	0.00	10.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Elementary Mini Pancakes - ServingDate: 10/02/2024								
Swiss Dairy Milk - LR100273 (8 oz.)	250	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Breakfast Oatmeal Bar - ServingDate: 10/03/2024								
Bar, BeneFIT, Oatmeal Chocolate Chip, 2.5oz, J&J Snack Foods, 40401, WGR - SR102962 (1 Bar (2.5oz))	185	280.00	8.00	3.00	0.00	230.00	47.00	5.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	0	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	25	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	5	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Fruit loops cereal - LR100301 (1 ea.)	0	98.77	0.49	0.00	0.00	167.90	23.70	1.98
Goldfish grahams - LR100303 (1 ea.)	20	120.00	4.00	1.00	0.00	140.00	19.00	1.00
Lucky Charms Cereal - LR100296 (1 bowl)	20	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Breakfast Oatmeal Bar - ServingDate: 10/03/2024								
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	45	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	210	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Breakfast Donut - ServingDate: 10/04/2024								
Bake crafters Powered donut - LR100159 (1 serv.)	220	310.00	13.00	6.00	0.00	260.00	45.00	4.00
Cereal Bar, Trix, General Mills, 31915, WGR - SR101821 (1 ea.)	2	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	0	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	15	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	0	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Lucky Charms Cereal - LR100296 (1 bowl)	3	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Applesauce - LR100181 (4 1/2 oz.)	58	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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2024-25 Breakfast Donut - ServingDate: 10/04/2024								
Swiss Dairy Milk - LR100273 (8 oz.)	195	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Elementary Powered Donut - ServingDate: 10/07/2024								
Cereal, Apple Jacks Reduced Sugar, Bowl Pack, Kellogg's, 38000-78787, WGR - SR106215 (1 bowl)	2	100.00	0.50	0.00	0.00	160.00	24.00	2.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	3	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cereal, Trix, 25% Less Sugar Bowlpak, General Mills, 16000-31922, WGR - SR100524 (1 bowl)	5	110.00	1.50	0.00	0.00	150.00	24.00	1.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	5	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	5	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	0	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	5	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Lucky Charms Cereal - LR100296 (1 bowl)	5	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
WG Powdered Donut - LR100177 (3.2 oz.)	200	350.00	15.00	7.00	0.00	250.00	52.00	3.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	150	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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2024-25 Elementary Powered Donut - ServingDate: 10/07/2024								
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	45	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	185	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Breakfast French toast sticks - ServingDate: 10/08/2024								
Bake crafters French toast sticks - LR100271 (3 oz.)	150	210.00	9.00	2.00	0.00	290.00	26.00	8.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	42	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cereal, Trix, 25% Less Sugar Bowlpak, General Mills, 16000-31922, WGR - SR100524 (1 bowl)	0	110.00	1.50	0.00	0.00	150.00	24.00	1.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	0	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	28	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Lucky Charms Cereal - LR100296 (1 bowl)	30	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	195	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Breakfast French toast sticks - ServingDate: 10/08/2024								
Pineapple, Juice Packed, Canned, USDA National Nutrient Database, F - SR107930 (1/2 c.)	55	74.50	0.10	0.00	0.00	1.25	19.55	0.53
Swiss Dairy Milk - LR100273 (8 oz.)	195	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Elementary Mini Pancakes - ServingDate: 10/09/2024								
Cereal, Apple Jacks Reduced Sugar, Bowl Pack, Kellogg's, 38000-78787, WGR - SR106215 (1 bowl)	5	100.00	0.50	0.00	0.00	160.00	24.00	2.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	5	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cereal, Lucky Charms, Bowl Pack, 1 oz, General Mills, 31917000, WGR - SR100887 (1 bowl)	20	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	20	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	10	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	0	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Goldfish grahams - LR100303 (1 ea.)	10	120.00	4.00	1.00	0.00	140.00	19.00	1.00
Lucky Charms Cereal - LR100296 (1 bowl)	50	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Mini Pancakes, Eggo Bites Mini Pancakes Maple, 1 Pouch, Kellogg's, 38000-92562, WGR - SR106101 (1 Pouch)	150	210.00	6.00	1.00	0.00	320.00	35.00	4.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Elementary Mini Pancakes - ServingDate: 10/09/2024								
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	202	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, Sliced, Extra Light Syrup, Canned, USDA Foods, 100219, F - SR109119 (1/2 c.)	50	60.00	0.00	0.00	0.00	10.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	250	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Breakfast Oatmeal Bar - ServingDate: 10/10/2024								
Bar, BeneFIT, Oatmeal Chocolate Chip, 2.5oz, J&J Snack Foods, 40401, WGR - SR102962 (1 Bar (2.5oz))	185	280.00	8.00	3.00	0.00	230.00	47.00	5.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	0	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	25	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	5	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Fruit loops cereal - LR100301 (1 ea.)	0	98.77	0.49	0.00	0.00	167.90	23.70	1.98
Goldfish grahams - LR100303 (1 ea.)	20	120.00	4.00	1.00	0.00	140.00	19.00	1.00

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2024-25 Breakfast Oatmeal Bar - ServingDate: 10/10/2024								
Lucky Charms Cereal - LR100296 (1 bowl)	20	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	45	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	210	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Breakfast French toast sticks - ServingDate: 10/15/2024								
Bake crafters French toast sticks - LR100271 (3 oz.)	150	210.00	9.00	2.00	0.00	290.00	26.00	8.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	42	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cereal, Trix, 25% Less Sugar Bowlpak, General Mills, 16000-31922, WGR - SR100524 (1 bowl)	0	110.00	1.50	0.00	0.00	150.00	24.00	1.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	0	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	28	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00

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2024-25 Breakfast French toast sticks - ServingDate: 10/15/2024								
Lucky Charms Cereal - LR100296 (1 bowl)	30	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	195	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pineapple, Juice Packed, Canned, USDA National Nutrient Database, F - SR107930 (1/2 c.)	55	74.50	0.10	0.00	0.00	1.25	19.55	0.53
Swiss Dairy Milk - LR100273 (8 oz.)	195	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Elementary Mini Pancakes - ServingDate: 10/16/2024								
Cereal, Apple Jacks Reduced Sugar, Bowl Pack, Kellogg's, 38000-78787, WGR - SR106215 (1 bowl)	5	100.00	0.50	0.00	0.00	160.00	24.00	2.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	5	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cereal, Lucky Charms, Bowl Pack, 1 oz, General Mills, 31917000, WGR - SR100887 (1 bowl)	20	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	20	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	10	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	0	161.03	3.52	0.00	0.00	105.67	29.19	3.02

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2024-25 Elementary Mini Pancakes - ServingDate: 10/16/2024								
Goldfish grahams - LR100303 (1 ea.)	10	120.00	4.00	1.00	0.00	140.00	19.00	1.00
Lucky Charms Cereal - LR100296 (1 bowl)	50	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Mini Pancakes, Eggo Bites Mini Pancakes Maple, 1 Pouch, Kellogg's, 38000-92562, WGR - SR106101 (1 Pouch)	150	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	202	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, Sliced, Extra Light Syrup, Canned, USDA Foods, 100219, F - SR109119 (1/2 c.)	50	60.00	0.00	0.00	0.00	10.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	250	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Breakfast Oatmeal Bar - ServingDate: 10/17/2024								
Bar, BeneFIT, Oatmeal Chocolate Chip, 2.5oz, J&J Snack Foods, 40401, WGR - SR102962 (1 Bar (2.5oz))	185	280.00	8.00	3.00	0.00	230.00	47.00	5.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	0	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	25	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Breakfast Oatmeal Bar - ServingDate: 10/17/2024								
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	5	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Fruit loops cereal - LR100301 (1 ea.)	0	98.77	0.49	0.00	0.00	167.90	23.70	1.98
Goldfish grahams - LR100303 (1 ea.)	20	120.00	4.00	1.00	0.00	140.00	19.00	1.00
Lucky Charms Cereal - LR100296 (1 bowl)	20	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	45	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	210	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Breakfast Donut - ServingDate: 10/18/2024								
Bake crafters Powered donut - LR100159 (1 serv.)	220	310.00	13.00	6.00	0.00	260.00	45.00	4.00
Cereal Bar, Trix, General Mills, 31915, WGR - SR101821 (1 ea.)	2	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	0	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	15	120.00	3.00	0.00	0.00	160.00	22.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Breakfast Donut - ServingDate: 10/18/2024								
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	0	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Lucky Charms Cereal - LR100296 (1 bowl)	3	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Applesauce - LR100181 (4 1/2 oz.)	58	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	195	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Elementary Powered Donut - ServingDate: 10/21/2024								
Cereal, Apple Jacks Reduced Sugar, Bowl Pack, Kellogg's, 38000-78787, WGR - SR106215 (1 bowl)	2	100.00	0.50	0.00	0.00	160.00	24.00	2.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	3	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cereal, Trix, 25% Less Sugar Bowlpak, General Mills, 16000-31922, WGR - SR100524 (1 bowl)	5	110.00	1.50	0.00	0.00	150.00	24.00	1.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	5	120.00	3.00	0.00	0.00	160.00	22.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Elementary Powered Donut - ServingDate: 10/21/2024								
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	5	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	0	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	5	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Lucky Charms Cereal - LR100296 (1 bowl)	5	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
WG Powdered Donut - LR100177 (3.2 oz.)	200	350.00	15.00	7.00	0.00	250.00	52.00	3.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	150	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	45	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	185	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Breakfast French toast sticks - ServingDate: 10/22/2024								
Bake crafters French toast sticks - LR100271 (3 oz.)	150	210.00	9.00	2.00	0.00	290.00	26.00	8.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	42	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cereal, Trix, 25% Less Sugar Bowlpak, General Mills, 16000-31922, WGR - SR100524 (1 bowl)	0	110.00	1.50	0.00	0.00	150.00	24.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Breakfast								
French toast sticks -								
ServingDate:								
10/22/2024								
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	0	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	28	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Lucky Charms Cereal - LR100296 (1 bowl)	30	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	195	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pineapple, Juice Packed, Canned, USDA National Nutrient Database, F - SR107930 (1/2 c.)	55	74.50	0.10	0.00	0.00	1.25	19.55	0.53
Swiss Dairy Milk - LR100273 (8 oz.)	195	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Elementary								
Mini Pancakes -								
ServingDate:								
10/23/2024								
Cereal, Apple Jacks Reduced Sugar, Bowl Pack, Kellogg's, 38000-78787, WGR - SR106215 (1 bowl)	5	100.00	0.50	0.00	0.00	160.00	24.00	2.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	5	120.00	0.50	0.50	0.00	135.00	28.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Elementary Mini Pancakes - ServingDate: 10/23/2024								
Cereal, Lucky Charms, Bowl Pack, 1 oz, General Mills, 31917000, WGR - SR100887 (1 bowl)	20	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	20	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	10	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	0	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Goldfish grahams - LR100303 (1 ea.)	10	120.00	4.00	1.00	0.00	140.00	19.00	1.00
Lucky Charms Cereal - LR100296 (1 bowl)	50	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Mini Pancakes, Eggo Bites Mini Pancakes Maple, 1 Pouch, Kellogg's, 38000-92562, WGR - SR106101 (1 Pouch)	150	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	202	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, Sliced, Extra Light Syrup, Canned, USDA Foods, 100219, F - SR109119 (1/2 c.)	50	60.00	0.00	0.00	0.00	10.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	250	130.00	2.50	1.50	0.00	175.00	18.50	7.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Breakfast Oatmeal Bar - ServingDate: 10/24/2024								
Bar, BeneFIT, Oatmeal Chocolate Chip, 2.5oz, J&J Snack Foods, 40401, WGR - SR102962 (1 Bar (2.5oz))	185	280.00	8.00	3.00	0.00	230.00	47.00	5.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	0	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	25	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	5	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Fruit loops cereal - LR100301 (1 ea.)	0	98.77	0.49	0.00	0.00	167.90	23.70	1.98
Goldfish grahams - LR100303 (1 ea.)	20	120.00	4.00	1.00	0.00	140.00	19.00	1.00
Lucky Charms Cereal - LR100296 (1 bowl)	20	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	45	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	210	130.00	2.50	1.50	0.00	175.00	18.50	7.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Breakfast Donut - ServingDate: 10/25/2024								
Bake crafters Powered donut - LR100159 (1 serv.)	220	310.00	13.00	6.00	0.00	260.00	45.00	4.00
Cereal Bar, Trix, General Mills, 31915, WGR - SR101821 (1 ea.)	2	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	0	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	15	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	0	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Lucky Charms Cereal - LR100296 (1 bowl)	3	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Applesauce - LR100181 (4 1/2 oz.)	58	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	195	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Elementary Powered Donut - ServingDate: 10/28/2024								
Cereal, Apple Jacks Reduced Sugar, Bowl Pack, Kellogg's, 38000-78787, WGR - SR106215 (1 bowl)	2	100.00	0.50	0.00	0.00	160.00	24.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Elementary Powered Donut - ServingDate: 10/28/2024								
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	3	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cereal, Trix, 25% Less Sugar Bowlpak, General Mills, 16000-31922, WGR - SR100524 (1 bowl)	5	110.00	1.50	0.00	0.00	150.00	24.00	1.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	5	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	5	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	0	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	5	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Lucky Charms Cereal - LR100296 (1 bowl)	5	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
WG Powdered Donut - LR100177 (3.2 oz.)	200	350.00	15.00	7.00	0.00	250.00	52.00	3.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4)	150	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	45	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	185	130.00	2.50	1.50	0.00	175.00	18.50	7.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Breakfast French toast sticks - ServingDate: 10/29/2024								
Bake crafters French toast sticks - LR100271 (3 oz.)	150	210.00	9.00	2.00	0.00	290.00	26.00	8.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	42	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cereal, Trix, 25% Less Sugar Bowlpak, General Mills, 16000-31922, WGR - SR100524 (1 bowl)	0	110.00	1.50	0.00	0.00	150.00	24.00	1.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	0	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	28	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Lucky Charms Cereal - LR100296 (1 bowl)	30	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	195	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pineapple, Juice Packed, Canned, USDA National Nutrient Database, F - SR107930 (1/2 c.)	55	74.50	0.10	0.00	0.00	1.25	19.55	0.53
Swiss Dairy Milk - LR100273 (8 oz.)	195	130.00	2.50	1.50	0.00	175.00	18.50	7.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Elementary Mini Pancakes - ServingDate: 10/30/2024								
Cereal, Apple Jacks Reduced Sugar, Bowl Pack, Kellogg's, 38000-78787, WGR - SR106215 (1 bowl)	5	100.00	0.50	0.00	0.00	160.00	24.00	2.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	5	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cereal, Lucky Charms, Bowl Pack, 1 oz, General Mills, 31917000, WGR - SR100887 (1 bowl)	20	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	20	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	10	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	0	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Goldfish grahams - LR100303 (1 ea.)	10	120.00	4.00	1.00	0.00	140.00	19.00	1.00
Lucky Charms Cereal - LR100296 (1 bowl)	50	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Mini Pancakes, Eggo Bites Mini Pancakes Maple, 1 Pouch, Kellogg's, 38000-92562, WGR - SR106101 (1 Pouch)	150	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	202	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, Sliced, Extra Light Syrup, Canned, USDA Foods, 100219, F - SR109119 (1/2 c.)	50	60.00	0.00	0.00	0.00	10.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
 Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Elementary Mini Pancakes - ServingDate: 10/30/2024								
Swiss Dairy Milk - LR100273 (8 oz.)	250	130.00	2.50	1.50	0.00	175.00	18.50	7.50
2024-25 Breakfast Oatmeal Bar - ServingDate: 10/31/2024								
Bar, BeneFIT, Oatmeal Chocolate Chip, 2.5oz, J&J Snack Foods, 40401, WGR - SR102962 (1 Bar (2.5oz))	185	280.00	8.00	3.00	0.00	230.00	47.00	5.00
Cereal, Cocoa Krispies, Bowl Pack, 1.12 oz/96 ct., Kellogg's, 38000-01196, Non-WG - SR106272 (1 Container)	0	120.00	0.50	0.50	0.00	135.00	28.00	2.00
Cinnamon Toast Crunch Cereal - LR100295 (1 bowl)	25	120.00	3.00	0.00	0.00	160.00	22.00	1.00
Cinnamon toast crunch cereal bar - LR100298 (1 ea.)	0	160.00	3.50	0.00	0.00	120.00	30.00	2.00
Cocoa Puffs cereal bar General mills - LR100297 (1 bowl)	5	161.03	3.52	0.00	0.00	105.67	29.19	3.02
Cocoa Puffs Cereal low sugar - LR100294 (1 bowl)	0	120.00	1.50	0.00	0.00	125.00	25.00	2.00
Fruit loops cereal - LR100301 (1 ea.)	0	98.77	0.49	0.00	0.00	167.90	23.70	1.98
Goldfish grahams - LR100303 (1 ea.)	20	120.00	4.00	1.00	0.00	140.00	19.00	1.00
Lucky Charms Cereal - LR100296 (1 bowl)	20	110.00	1.00	0.00	0.00	170.00	23.00	2.00
Trix Cereal Bar- General Mills 1.42 oz - LR100299 (1 Bar)	0	160.00	3.50	0.50	0.00	105.00	29.00	2.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	200	60.00	0.00	0.00	0.00	5.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024-25 Breakfast Oatmeal Bar - ServingDate: 10/31/2024								
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	45	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	210	130.00	2.50	1.50	0.00	175.00	18.50	7.50

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: Elementary
Menu Line: regular
Serving Group: K-5
Nutrients Option: Expanded