

Menu Calendar Nutrient Analysis Report - May, 2024

Site: ALL
Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024 Grilled Cheese - ServingDate: 05/01/2024								
Sandwich, Toasted Cheese, MMA, WG - LR100004 (1 sandwich)	245	350.36	20.02	10.23	0.00(M)	1217.46	24.10	16.28
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	20	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Baked Beans WYASD - LR100107 (1 c.)	150	332.31	0.96	0.17	0.00(M)	710.27	75.89	10.72
Potatoes, Reduced Sodium Tater Tots, 2.52 oz., McCain, Ore-Ida, 1000002789, Veg-S - SR107909 (8 pcs.)	250	90.00	3.50	0.00	0.00	160.00	14.00	1.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	265	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	265	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	20	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Elementary Chicken nuggets - ServingDate: 05/02/2024								
Chicken Nuggets, WG Breaded, 3.04 oz., Gold Kist, Pilgrim's Pride, 612100, MMA, WGR - SR100488 (3 1/8 oz.)	255	200.66	10.03	2.01	0.00	411.35	12.04	15.05
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	20	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	150	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Peas, Frozen Veg-S WYASD - LR100040 (1 cup servin)	75	271.54	6.38	1.14	0.41	560.21	40.61	14.64

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2024 Elementary Chicken nuggets - ServingDate: 05/02/2024								
Applesauce - LR100181 (4 1/2 oz.)	275	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	275	130.00	2.50	1.50	0.00	175.00	18.50	7.50
BBQ sauce, Condiment - SR105407 (2 Tbsp.)	200	32.95	0.08	0.00	0.00(M)	286.62	8.46	0.09
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	200	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Copy of 2023-24 Mozzarella Sticks w/sauce - ServingDate: 05/03/2024								
Breadstick, Mozzarella Cheese, The MAX MaxStix, IW, 3.86 oz, ConAgra Foodservice, 77387-12600, MMA, WGR - SR105907 (2 piece)	250	300.00	12.00	6.00	0.00	450.00	33.00	17.00
Ham and Cheese Sandwich - LR100037 (1 sandwich)	35	342.30	14.82	5.42	0.00(M)	1252.35	27.98	24.56
Broccoli, cooked, boiled, drained, without salt - SR106362 (1 cup, chopp)	150	54.60	0.64	0.12	0.00	63.96	11.20	3.71
Sauce, Fully Prepared Pizza Sauce, 106 oz., Red Gold, IL99 - SR108025 (1/4 c.)	200	35.00	0.50	0.00	0.00	210.00	6.00	1.00
Applesauce - LR100181 (4 1/2 oz.)	280	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	280	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	35	6.06	0.01	0.00	0.00	94.75	1.64	0.21

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2024 Pasta w/meat sauce - ServingDate: 05/06/2024								
Ham and Cheese Sandwich - LR100037 (1 sandwich)	45	342.30	14.82	5.42	0.00(M)	1252.35	27.98	24.56
WYASD Pasta, Rotini Pasta w/ Meat Sauce, MMA, WG, Veg-RO - LR100119 (1 portion)	255	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	300	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Green Beans, VO - LR100018 (1 c.)	200	65.45	1.31	0.71	0.00(M)	69.47	12.93	3.01
Pears, Bartlett, canned, diced, packed in extra light sucrose syrup [110237] - SR105228 (1/2 c.)	300	57.99	0.12	0.00	0.00	2.00	15.12	0.38
Swiss Dairy Milk - LR100273 (8 oz.)	300	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 THE MAX Cheese pizza - ServingDate: 05/07/2024								
Ham and Cheese Sandwich - LR100037 (1 sandwich)	20	342.30	14.82	5.42	0.00(M)	1252.35	27.98	24.56
Pizza, 4x6 Cheese Whole Grain 4.56 oz, The MAX, ConAgra, 77387-12655, MMA, WGR, Veg-RO - SR105484 (1 pizza)	260	260.00	8.00	2.50	0.00	620.00	34.00	15.00
Cooked Carrots - SR105161 (1 c.)	40	54.01	0.99	0.18	0.00	85.99	11.29	0.85
Pineapple Tidbits in Juice, F - SR108108 (1/2 c.)	280	70.00	0.00	0.00	0.00	10.00	17.00	1.00
Swiss Dairy Milk - LR100273 (8 oz.)	280	130.00	2.50	1.50	0.00	175.00	18.50	7.50

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2024 THE MAX Cheese pizza - ServingDate: 05/07/2024								
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	20	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2023-24 Nachos w/ meat/ cheese - ServingDate: 05/08/2024								
Beef Taco Meat WYASD - LR100089 (2 3/4 oz.)	240	199.74	11.93	4.48	0.82(M)	409.42	2.01	19.53
Ham and Cheese Sandwich - LR100037 (1 sandwich)	10	342.30	14.82	5.42	0.00(M)	1252.35	27.98	24.56
Chips, Tortilla Chips, Baked, Scoops, .875 oz Bag, Tostitos, PepsiCo/Frito Lay, 42537, WGR - SR100981 (1 SS Bag (0.))	240	110.00	2.50	0.00	0.00	125.00	19.00	2.00
Corn Muffin Bake Crafters 2.2 oz ready to serve - LR100059 (1 muffin)	225	180.00	4.50	0.50	0.00	310.00	31.00	4.00
Black Beans and Corn Mix - LR100038 (1 c.)	100	192.85	4.33	1.75	0.00(M)	278.19	33.22	8.04
Salsa, 103 oz., Red Gold, REDSC99, Veg-RO - SR100611 (1/4 c.)	100	20.00	0.00	0.00	0.00	140.00	4.00	0.00
Applesauce WYASD - LR100032 (1/2 c.)	250	50.00	0.00	0.00	0.00	10.00	13.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	250	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	10	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Sauce, Cheese Sauce, Trio WYASD - LR100043 (1/8 c.)	225	23.63	0.71	0.00	0.00	170.81	4.25	0.47
Sour Cream, Regular, Single Serve Packets, Daisy Brand, IDP100 - SR108475 (1 packet)	75	56.00	4.67	3.27	0.00	14.00	0.93	0.93

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2024 Chicken Tenders - ServingDate: 05/09/2024								
Ham and Cheese Sandwich - LR100037 (1 sandwich)	20	342.30	14.82	5.42	0.00(M)	1252.35	27.98	24.56
WYASD Chicken Tenders - LR100267 (1 serv.)	255	259.99	15.00	2.50	0.00	389.98	16.00	15.00
Peas, Frozen Veg-S WYASD - LR100040 (3/4 cup servin)	50	203.66	4.79	0.85	0.31	420.16	30.46	10.98
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	275	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	285	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	230	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiments, Barbecue Sauce Packet, 12 Grams, Kraft Heinz, 10013000533802 - SR108023 (1 packet)	200	15.00	0.00	0.00	0.00	160.00	3.00	0.00
2024 Macaroni and cheese - ServingDate: 05/13/2024								
2020-2021 Elementary Sweet Bologna Sandwich - LR100230 (2 oz.)	45	250.00	7.00	2.00	0.00	840.00	34.00	13.00
Wyasd macaroni and cheese - LR100266 (3/4 c.)	215	103.80 (M)	1.02(M)	0.36(M)	0.00(M)	25.20 (M)	20.10 (M)	4.86(M)
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	150	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Green Beans, VO - LR100018 (1 c.)	55	65.45	1.31	0.71	0.00(M)	69.47	12.93	3.01

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2024 Macaroni and cheese - ServingDate: 05/13/2024								
Pears, Bartlett, canned, diced, packed in extra light sucrose syrup [110237] - SR105228 (1/2 c.)	260	57.99	0.12	0.00	0.00	2.00	15.12	0.38
Swiss Dairy Milk - LR100273 (8 oz.)	260	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	15	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2023-24 Chicken Patty - ServingDate: 05/14/2024								
2020-2021 Elementary Sweet Bologna Sandwich - LR100230 (2 oz.)	20	250.00	7.00	2.00	0.00	840.00	34.00	13.00
chicken patty sandwich - LR100028 (1 ea.)	250	330.00	11.00	2.00	0.00	600.00	39.00	20.00
Baked Beans WYASD - LR100107 (1 c.)	100	332.31	0.96	0.17	0.00(M)	710.27	75.89	10.72
Pineapple Tidbits in Juice, F - SR108108 (1/2 c.)	225	70.00	0.00	0.00	0.00	10.00	17.00	1.00
Swiss Dairy Milk - LR100273 (8 oz.)	268	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	80	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiments, Barbecue Sauce Packet, 12 Grams, Kraft Heinz, 10013000533802 - SR108023 (1 packet)	80	15.00	0.00	0.00	0.00	160.00	3.00	0.00
2023-24 Cheeseburger - ServingDate: 05/15/2024								
2020-2021 Elementary Sweet Bologna Sandwich - LR100230 (2 oz.)	40	250.00	7.00	2.00	0.00	840.00	34.00	13.00

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2023-24 Cheeseburger - ServingDate: 05/15/2024								
Cheese burger WYASD-Elementary - LR100144 (1 serv.)	260	383.75	19.13	7.71	0.99	649.92	30.46	23.73
Peas, Frozen Veg-S WYASD - LR100040 (1 cup servin)	50	271.54	6.38	1.14	0.41	560.21	40.61	14.64
Peaches, Diced, Extra Light Syrup, Canned - SR109630 (1/2 c.)	250	59.99	0.00	0.00	0.00	4.99	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	270	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	200	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2023-24 Breakfast for lunch - ServingDate: 05/16/2024								
2020-2021 Elementary Sweet Bologna Sandwich - LR100230 (2 oz.)	25	250.00	7.00	2.00	0.00	840.00	34.00	13.00
Jenni O precooked sausage links - LR100170 (2 1/8 oz.)	200	117.07	7.80	1.95	0.00	195.12	0.00	11.71
French Toast, Pillsbury Mini Cinnamon Rush, General Mills, 18000-37309, WG - SR102778 (2 2/3 ounces)	275	220.00	7.00	1.00	0.00	200.00	37.00	4.00
Cooked Carrots - SR105161 (1 c.)	100	54.01	0.99	0.18	0.00	85.99	11.29	0.85
Potatoes, Hash Brown Rounds, 2.54 oz, McCain, 1000006188, Veg-S - SR109300 (2 pcs.)	200	90.00	2.50	0.00	0.00	190.00	15.00	1.00
Applesauce - LR100181 (4 1/2 oz.)	285	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Rutters Milk - LR100220 (8 fl. oz.)	300	126.67	1.67	1.00	0.00	120.00	21.00	8.00
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21

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2023-24 Breakfast for lunch - ServingDate: 05/16/2024								
Condiment, Syrup, Madeira Farms Pancake Syrup, SS Cup, Kraft Heinz, 00716037139605 - SR109757 (1 1/2 ounces)	200	120.00	0.00	0.00	0.00	30.00	30.00	0.00
2023-24 Big Daddys - ServingDate: 05/17/2024								
2020-2021 Elementary Sweet Bologna Sandwich - LR100230 (2 oz.)	21	250.00	7.00	2.00	0.00	840.00	34.00	13.00
Pizza, Four Cheese, WG, Primo 16", 5.28 oz., Big Daddy's, Schwan's, 78637 MMA, WGR, V-RO - SR107038 (1/8 pizza)	259	360.00	16.00	7.00	0.00	490.00	35.00	21.00
Broccoli, cooked, boiled, drained, without salt - SR106362 (1 cup, chopp)	250	54.60	0.64	0.12	0.00	63.96	11.20	3.71
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	280	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	280	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	21	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Elementary Chicken Patty - ServingDate: 05/20/2024								
chicken patty sandwich - LR100028 (1 ea.)	275	330.00	11.00	2.00	0.00	600.00	39.00	20.00
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	25	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Green Beans, VO - LR100018 (1 c.)	200	65.45	1.31	0.71	0.00(M)	69.47	12.93	3.01

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2024 Elementary Chicken Patty - ServingDate: 05/20/2024								
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	300	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	300	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	200	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiments, Barbecue Sauce Packet, 12 Grams, Kraft Heinz, 10013000533802 - SR108023 (1 packet)	200	15.00	0.00	0.00	0.00	160.00	3.00	0.00
2024 Meatball sub - ServingDate: 05/21/2024								
Meatball sub with cheese - LR100217 (1 serv.)	240	132.19	1.00	0.11	0.01	345.24	25.21	4.89
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	35	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	55	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Pineapple, Tidbit in Juice Canned - 6021679 - SR109201 (1/2 c.)	275	71.40	0.10	0.01	0.00	1.19	18.68	0.48
Swiss Dairy Milk - LR100273 (8 oz.)	275	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
May 22 2024 last day lunch - ServingDate: 05/22/2024								
Ham and Cheese Sandwich - LR100037 (1 sandwich)	125	342.30	14.82	5.42	0.00(M)	1252.35	27.98	24.56

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May 22 2024 last day lunch - ServingDate: 05/22/2024								
WYASD Elementary Turkey Sandwich - LR100225 (1 sandwich)	131	210.88	4.53	1.01	0.00	452.88	27.01	16.14
Vegetables, Carrot and Celery Sticks, with Ranch Veg-RO, Veg-O - SR104782 (1 c.)	250	216.18	13.56	1.95	0.00	642.60	21.92	1.28
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	250	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	260	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	150	6.06	0.01	0.00	0.00	94.75	1.64	0.21

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Elementary
 Menu Line: regular
 Serving Group: K-5
 Nutrients Option: Expanded